

## Indiana Judges and Lawyers Assistance Program (JLAP)

JLAP helps judges, attorneys and law students cope with issues that may diminish the quality of their lives or their ability to practice law. Help can range from providing information and referrals to assistance with an intervention. JLAP was founded in 1997 with support from the Indiana State Bar Association and the Indiana Supreme Court.

## **General Information**

- The Indiana Supreme Court authorized JLAP under A & D Rule 31
- Over 250 new callers in 2012
- A statewide committee appointed by the Supreme Court guides the programs and initiatives
- All interaction is strictly confidential, including all calls and visits to its office

## Resources

- Offers consultations, education, referrals, and support
- Assists legal professionals recovering from substance abuse, mental health or other issues affecting their quality of life
- Provides resources to assist with: depression, suicide, gambling, eating disorders, sexual addictions, internet addictions, anxiety, dementia, adult attention deficit disorder, career assessment, aging and retirement, grief, stress management and relationship issues

## Volunteers

- Over 300 volunteers provide a statewide network of peer support
- Volunteer activities can range from simply having lunch with an attorney to becoming a mentor or sounding board
- For more information on volunteering, contact the JLAP office at ilap-info@courts.in.gov or 866-428-5527